

Illustrations by Matthew Mitchell, from How You Stand, How You Move, How You Live

Testimonials... MissyVineyard.com is pleased to offer for sale reprints of many of the beautiful charcoal illustrations from How You Stand, How You Move, How You Live . We have partnered with Finerworks.com to offer giclee prints of these images, printed on a variety of high-grade papers utilizing archival inks. You may also have them mounted on fomecore for ease of display.

Alexander Technique teachers and trainers find these illustrations useful in helping students visualize important concepts and promote quicker learning. Students find them to be useful reminders of their lessons.

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